



Solfeggio Tuning Forks

UT	396 Hz	Liberating Guilt and Fear
RE	417 Hz	Undoing Situations and Facilitating Change
MI	528 Hz	Transformation and Miracles (DNA Repair)
FA	639 Hz	Connecting/Relationships
SOL	741 Hz	Expression/Solutions
LA	852 Hz	Awakening Intuition

These original sound frequencies were used in ancient Gregorian chants, including the great hymn to St. John the Baptist. Church authorities reported that St. John's hymn, along with many other chants, were lost centuries ago. The chants and their special tones were believed to impart tremendous spiritual blessings when sung in harmony during religious Masses. The chants and the language of Latin, when combined, were believed to enhance the spiritual experience of its members. Many still believe that when we sing in Latin, or use simple musical tones without conceptual language, we are able to reach deeper levels of the subconscious. Pure music is very powerful since it discards limiting thought forms associated with words and allows the individual to access insights beyond traditional belief systems.

According to entries from Webster's Dictionary and the original Apocrypha, these original frequencies are believed to be effective in turning grief to joy, undoing situations and facilitating change, helping a person connect with Source to bring forth miracles, repairing DNA, connecting with spiritual family and understanding relationships, becoming more expressive to solve problem situations, and awakening intuition to return to spiritual order. Through sound these tones can assist energy channels to stay open and keep the life force (Chi) flowing freely through the chakra system. Perhaps this smooth energy flow was the intent of the six electro-magnetic frequencies of the "lost" hymns and Gregorian chants.



Vibration and sound can be used, like most things, with either positive or negative intention. Oftentimes, one's intention is communicated through the use of language. History is filled with examples of societies being controlled or manipulated by those with less than honorable intentions.

Various religious texts, including the Bible, discuss the importance of just making Sound by chanting, singing, drumming, or speaking in tongues. Each expression of sound is a way that people may access deeper levels of consciousness. The Solfeggio tuning forks are another powerful way to reach these levels.

Original hymn to John the Baptist:

UT queant laxis resonare fibris

Mira gestorum famuli tuorum

Solve polluti labii reatum

Sancte Iohannes

Literal translation:

“In order that the slaves might resonate (resound) the miracles (wanders) of your creations with loosened (expanded) vocal chords. Wash the guilt from our Polluted lips. Saint John.”

Enlarged translation:

The Divine Mind needs an unconfined and freely moving relationship with us that will resonate our speech, or the very fiber of our being, to produce a miracle of communication, which will solve, dissolve, and release the restrictions of our speech.

Resonate – means to receive larger vibrations that, in effect, will increase our lower vibrations.

Resound – means to sound again. We are restoring or remembering our former state of being.

- SomaEnergetics: Exploring Science, Sound and Spirituality, David Hulse, D.D